



### **Sacrament of Reconciliation**

Wednesday 12 Noon—1:00 p.m.

Friday 4:00 p.m.—5:00 p.m.

### **Holy Thursday, April 14**

7:00 p.m. Mass of the Lord's Supper (Upper Church)  
*(Church will remain open until 8:30 p.m.)*

### **Good Friday, April 15**

3:00 p.m. Solemn Liturgy (Upper Church)

7:00 p.m. Stations of the Cross (Upper Church)

### **Holy Saturday, April 16**

7:00 p.m. Great Vigil of Easter (Upper Church)

### **Easter Sunday, April 17**

Masses are 7:00 a.m. and 10:00 a.m. (Upper Church)  
*(No Evening Mass on Easter Sunday)*

### **Good Friday is a Day of Fasting and Abstinence**

Adults from 18-59 are urged to embrace these two disciplines. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding for individuals from age 14 onwards.

### **Hunger in the United States and Globally**

As you embrace the disciplines of abstinence and fasting, please pray for those who go to bed hungry. Nearly 800 million people across the globe go to bed hungry each night. A projection from Feeding America says that as many as 1 in 4 children are food insecure. The Greater Boston Food Bank indicate that one in nine people in Eastern Massachusetts do not know where their next meal is coming from.